a Picnic in Paris

Having a picnic in Paris is a delightful way to enjoy the city's beauty and charm. The combination of picturesque parks, delicious food, and a relaxed atmosphere makes it a quintessential Parisian experience. Here's how to plan a perfect picnic in Paris:

How to Find Picnic Items, Food, and Drink

- **Local Markets**:
  - **Marché d'Aligre**: Located in the 12th arrondissement, this vibrant market offers a variety of fresh produce, cheeses, meats, and pastries.
  - **Marché des Enfants Rouges**: The oldest covered market in Paris, situated in the Marais, is a great place to find gourmet items and prepared foods.
  - **Rue Cler**: A charming market street in the 7th arrondissement, offering a wide range of fresh products, from fruits and vegetables to cheese and wine.
  - **List of Fresh Markets**: there are many but not all are open everyday Guide to Fresh Markets
- **Boulangeries and Fromageries**:
  - **Poilâne**: Famous for its delicious bread, perfect for any picnic.
  - **Maison Pichard**: Known for its award-winning baguettes and pastries.
  - **Fromagerie Laurent Dubois**: A renowned cheesemonger offering a superb selection of cheeses.
- **Wine Shops (Cavistes)**:
  - **Nicolas**: A well-known chain of wine shops across Paris with a good selection of wines and champagnes.
  - **Legrand Filles et Fils**: Located in Galerie Vivienne, it offers a curated selection of fine wines.
- **Delicatessens and Specialty Stores**:
  - **Fauchon**: Offers gourmet picnic hampers and a variety of delicacies.
  - **La Grande Épicerie**: The food hall of Le Bon Marché, providing a wide selection of high-quality products.
- **Glasses**: Consider borrowing glasses from your hotel, but remember to return them after your picnic.
- **Corkscrew**: Most wine shops will also sell corkscrews, or you can ask at your hotel, as they often provide them.

Parks Ideal for a Picnic

- **Champ de Mars**:

Located near the Eiffel Tower, this large park provides stunning views and ample space for picnicking. It's a popular spot, so arriving early can help secure a good spot.

- **Jardin des Tuileries**:

Situated between the Louvre and Place de la Concorde, this historic garden offers beautiful sculptures, fountains, and plenty of seating areas.

- **Parc des Buttes-Chaumont**:

Located in the 19th arrondissement, this hilly park features picturesque landscapes, a lake, waterfalls, and stunning views of the city.

- **Jardin du Luxembourg**:

A beautiful and well-maintained garden in the 6th arrondissement, known for its flowerbeds, statues, and the central Medici Fountain. There are plenty of benches and grassy areas for a relaxed picnic.

- **Bois de Boulogne**:

A large park in the 16th arrondissement, offering numerous spots for picnicking, including meadows, lakes, and shaded areas. It's perfect for those looking for a more nature-filled experience.

- **Parc de la Villette**:

Known for its modern architecture and cultural spaces, this park in the 19th arrondissement has vast green lawns ideal for picnicking.

Picnic Tips

- **Arrive Early**: Especially during weekends and holidays, popular picnic spots can fill up quickly.
- **Bring a Blanket**: For comfort, as some areas may not have benches or tables.
- **Stay Clean**: Carry trash bags to clean up after your picnic, maintaining the park's beauty.
- **Weather Check**: Always check the weather forecast to ensure a pleasant experience.
- **Entertainment**: Bring along books, games, or a portable speaker for added enjoyment.

Having a picnic in Paris is a delightful way to soak in the city's atmosphere, savor delicious local foods, and relax in beautiful surroundings.

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